

# Woman's Page

Keep Your Annoyances to Yourself—To Be Resigned Is a Form of Weakness, But to Accept the Inevitable Is Strength—Care of Nails—Care of Hands—Corset For Slender Figures—Model Diet—Meat For Children—Care of Gray Hair—How to Treat Corns.

## KEEP YOUR ANNOYANCES TO YOURSELF

How much braver it is to keep our troubles from the world than to air them in public. There are some women who keep a calm, beautiful exterior, even though they be in a state of mental ferment. These women are far above the ordinary in intelligence. They know the uselessness of showing their feelings if those feelings are not the best. They know how little interest the ordinary world has in their troubles.

The world cares only for the best in people, and takes no interest in their personal misfortunes. In competitions of mental or physical endurance the side that shows alarm, fear, or anger is always the losing side.

The woman beautiful must cultivate fortitude and calmness. A little knowledge of the philosophy of life will help one to be calm and accept the inevitable. The strongest characters do not express emotions in public, but they go through all the heart pangs just the same as the weaker ones, and often perhaps more seriously.

Remember: To be resigned is a form of weakness, but to accept the inevitable is strength.

## CORSET FOR SLENDER FIGURE

Slender figures may wear corsets that reach only two inches above the waist line, the girder top which I mentioned before. With the chest thrown well forward the figure looks best in this style of corset. In regard to the skirt lengths, again, you must be guided by your common sense, your own comfort. A tall, willowy woman can wear a long skirt. A short woman cannot. And, then, consider the purpose for which you want it. If you want it for athletics for instance, you will hardly choose a model with long skirt or one with much boning. The boning, of course, never runs down into the part of the skirt below the hips. Still, although the skirt is absolutely soft and pliable, it will be uncomfortable if it is too long for you.

## CARE OF NAILS

Scissors should only be used upon the fingers to cut off the little ragged edges of cuticle. The real cuticle should never be cut. Steel implements need never be used upon the nails. An orangewood stick is all that is necessary to push the cuticle back and clean under the edge of the nails. Soap and water, with just

then if the freckles are not too stubborn they will come off.

## CARE OF HANDS

When you have to wash your hands often be sure that you dry them thoroughly each time. This is probably the cause of your hands being so rough and red all of the time. When washing the hands one must take special care of the soap they use and be sure that the hands are thoroughly dry. At night before retiring, scrub the hands well with good pure soap and warm water. Dry thoroughly, then rub almond oil into them and leave a good portion of it on the hands, and put on an old pair of loose fitting kid or cloth gloves as to protect the bed linen. This will make your hands soft.

## MODEL DIET

We have to eat in order to repair the natural waste of the body, which is one twenty-fourth of its weight daily, and consequently we have to supply like materials. The model diet mingles both animal and vegetable food, although no general rule can be laid down for all. What is appetizing and revivifying to one person may be poison to another. The physical idiosyncrasies must be considered.

## MEAT FOR CHILDREN

No child should be permitted to eat a great lot of meat. It spoils the appetite for fruit, vegetables, and cereals. The child's delicate nervous system is overstimulated by meat. Shampoo the little one's hair at least once a week with three or four eggs and hot water. The eggs will make a suds the same as soap, and are just as cleansing.

## GRAY HAIR

If the hair turns prematurely gray it is always much better to allow it to take its course and never try to conceal its natural condition by dye, for most dyes are injurious; the fact is always apparent, too. Take good care of your hair, brushing each night when taking it down, and massaging the scalp at least ten minutes. Do not wash the hair more than once every three or four weeks.

## HOW TO TREAT CORNS

The first thing to do for corns is to relieve them of all pressure. A perforated corn plaster may be used, or a disk of rubber or chamois with a hole in the center. The following is a good lotion for corns: Twenty grains salicylic acid, one-eighth ounce alcohol, and one ounce flexible collodion. Mix and apply with a small camel's hair brush to hard surface of the corn. Do this for three nights, then soak in hot water, when a layer of skin will come off. Continue this treatment until the corn has been removed.

## WEATHER FORECAST FOR THE WEEK

Washington, Sept. 14.—Early autumn frosts in the extreme northwest are predicted by the weather bureau for Tuesday. The weekly forecast tonight says:

Tuesday: Unsettled, rainy weather prevalent over all central and northern section east of the Mississippi river. There also will be local showers early in the week over the Rocky Mountain region and the Northwest, but by Wednesday and Thursday, generally fair weather should prevail over all districts.

Frosts will occur Monday morning over the lower Lake region and the extreme Northwest; on Tuesday morning over the Northwest generally, the middle plateau and the central Rocky Mountain region and by Wednesday or Thursday morning, probably over the northern and western upper Lake region.

Temperatures will be rising over the Northwest and West after the middle of the week accompanied by falling pressure and by the end of the week and weather over those sections again will be unsettled and somewhat cooler.

## PROF. VAMBERO DEAD

Budapest, Hungary, Sept. 15.—Prof. Arminius Vambero, one of the best known travelers and Orientalists of the nineteenth century, died here today in his 82nd year.

## URGES ORCHARDISTS TO STAND TOGETHER

Boise, Sept. 1.—An urgent appeal is made to the apple growers of the Boise valley and western Idaho to stand with the North Pacific distributors in disposing of this year's crop by Hugh E. McElroy, secretary of the Boise district of the Fruit-growers association, in which the declaration is made that the independent growers who refuse to join with the distributors are the industry's greatest enemies. In part he says:

"The apple crop of 1913 is about to be marketed. The general indications surrounding the market are that the growers will receive a good price. Apparently there is but one thing that can prevent this—lack of cooperation. Last year the market was operated to pieces as the result of consignments by individuals to commission men. The grower can only get a good price by demanding and holding out for it. The greatest enemy the apple grower has is the independent grower who will not co-operate and imagines that, in some way, he will do better than his neighbors, and for such reason is not willing to take chances with the community as a whole. If these men really made unusual profits from fruitgrowing there would be some justification for their policy; but it is well known they are no more successful than the rest of the community. Already some of these growers assert that they have made sales of apples, but refuse to divulge the prices received. It may be safely assumed that they have received a price so low that they are ashamed to disclose it, or else they have consigned to a commission man and accepted a trifling advance sufficient to prepare for the market."

"Experience has clearly demonstrated that without organization it will be impossible to successfully distribute the fruit in the interest of both the purchaser and consumer, since it will pass into the hands of unprincipled commission men, who speculate upon the project without risk to themselves, and who will be wholly unable to make an efficient distribution, even if they so desired."

## DANCING PARTY IS STRUCK BY A TRAIN

A disastrous ending to a ride home from a dancing party occurred near Ashton, Idaho, Saturday, when the Yellowstone special, Oregon Short Line No. 15, struck a wagon loaded with young persons. One girl was killed outright and one of the young men died before he could be taken to a hospital. Six others were more or less seriously injured and three of them were brought to Salt Lake City and are now in the Latter-day Saints hospital, one apparently fatally injured.

The Dead. CLARA MARTINDALE, LEE DROLLINGER. Fatally injured. Cliff Harris, fractured skull and badly bruised. At L. D. S. hospital, unconscious since accident.

Injured. Nettie Daley, bruised. Glen Bower, bruised. Lewis Hendricks, bruised. Abbie Garrett, fractured jaw and head cut. At L. D. S. hospital. Claudia Daley, head cut and body badly bruised. At L. D. S. hospital. All of the dead and injured are residents of Ashton, Idaho, with the exception of Harris and Miss Daley, who live in Marysville, Idaho.

A report from Pocatello, was to the effect that the engineer of the Yellowstone train did not know he had struck the rig until he stopped at Ashton, a mile and a quarter away. When the train stopped there, those at the station were horrified to see four of the party lying in a heap on the pilot. Clara Martindale, according to the report, arose from the pilot, walked a few paces along the platform and then dropped dead. Her neck had been broken. The others on the pilot were Lee Drollinger, Nettie Daley and Glen Bower.

O. M. Harris, brother of Glen Harris, said that the story from Pocatello was substantially correct, except that he heard nothing of the Martindale girl walking or even moving after the engine stopped. Mr. Harris said:

The story of Nettie Daley, who was on the pilot, was to that effect. From what I heard there and on the way here, for I was not with the party at the time of the accident, Miss Martindale was dead on the pilot and of course didn't move after the engine stopped. Miss Daley, who was only bruised by the accident, also said that there was no hearing burning on the engine and that she heard no whistle or bell.

The dancing party was returning from Chester, all those injured or killed being in a wagon, which was torn to splinters by the train. The accident occurred at 3:43 o'clock in the morning at a point about a mile and a quarter south of Ashton, the southbound train running at about thirty miles an hour. The engineer reported that the headlight was burning brightly, the engine whistled for the crossing and the bell was ringing.

Clara Martindale, 18 years old, was dead when found immediately after the accident. She and all the other members of the party lived at Marysville. Lee Drollinger, 21 years, Abbie Garrett, 22 years, Cliff Harris, 17 years, Claudia Daley, 22 years; Nettie Daley, 18 years, Glen Bower, 17 years and Lewis Hendricks, 18 years, were rushed to Ashton where their injuries were examined and first aid given.

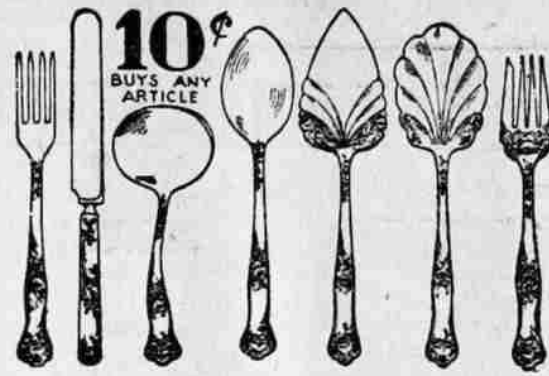
Nettie Daley, Glen Bower and Lewis Hendricks were found to be bruised but not seriously injured. The other four were placed on a special train and started for Salt Lake City, but Lee Drollinger died before the train reached Pocatello. Cliff Harris, Abbie Garrett and Claudia Daley are in the Latter-day Saints hospital. Harris has not been conscious since the accident. He suffered a bad scalp wound, a fractured skull and was badly bruised about the body. He probably will not recover. Miss Garrett sustained a fractured jaw, badly

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## BOYS MAY HAVE STOLEN THE AUTO

On suspicion that they stole an automobile from C. H. Robbins in Sacramento, Cal., on September 4, E. P. Stephens, aged 16 years, and Leroy Stephens, aged 18, representing themselves to be brothers, were taken into custody by the local police yesterday after they had been trailed from Brigham City by Sheriff Joseph Olsen of Box Elder county. They are being held at the city jail pending information from the authorities at Sacramento and San Francisco.

According to the reward notices received here a week ago, the stolen auto was a Cadillac roadster but the car driven by the boys who are in custody here is a Chalmers five-passenger touring car. It is believed by the police that the boys could have traded the Cadillac for the car found in their possession or even stolen another auto while en route from Sacramento.

When questioned by the police, the boys told different stories. One declared that his parents reside on Church street in San Francisco, while the other said that he could not remember the name of the street where his parents live. They have no particular destination except that they are traveling across the country from San Francisco. A telegram has been sent to Sacramento requesting a full description of the boy who stole the auto.

Attention was directed to the boys in custody here when they drove their car through Box Elder town this morning at a high rate of speed. At Kelton they refused to stop when commanded to do so by an officer, who then telephoned to Sheriff Olsen at Brigham City. The Chalmers car shows the effects of a hard cross-country trip.

## HAS THE FIRST ESPERANTE BRIDE

San Francisco, Cal., Sept. 15.—According to R. D. Parrish of Los Angeles, who has just arrived here, he has the first "Esperante bride."

"Mi amas vin," is the new world language phrase for the old, old story, and when Parrish was in Copenhagen recently he murmured it to a young lady who did not have to know esperanto to understand what it was all about. Esperanto is now the language of the couple's household.

Parrish says the universal tongue is a handy thing to know if one is traveling in Europe as many people there speak it. Replying to a reporter's inquiry, he said "Melagra tro-to" was Esperanto for turkey trot.

## TRAGEDY AMONG MEXICAN DANCERS

San Francisco, Sept. 15.—At a Mexican ball here early today, Joaquin Rios fought his way through the throng of dancers to Frances Gargin to whom he had formerly been engaged. Drawing a revolver he shot her three times and then turned the weapon upon himself. As an ambulance bearing the two to an emergency hospital was speeding through the downtown district, it ran down and fractured the skull of Jacob Digernel, another Mexican who was returning from the ball. All three, it is said, will die.

BLANCHARD IS PLEASED. Provo, Sept. 14.—C. J. Blanchard, statistician of the United States reclamation service, who attended the test of the Strawberry project waterflow for five or six hours through the tunnel Saturday, will go to the southern part of the county tomorrow for a visit with the farmers immediately interested in the project. Tuesday he expects to start on his return trip, visiting Colorado and other projects on his way back to Washington.

Mr. Blanchard is greatly pleased with the demonstration at the Strawberry project, and as he is an enthusiastic admirer of the valley, he will assist in every possible way, here and at Washington, in overcoming the differences between the water users and the government which have prevented the completion of the work, and which he believes will be settled so the water can be used next year.

## ELECTRICAL WORKERS.

Boston, Sept. 15.—Three hundred and fifty delegates from all parts of the United States, Canada and the Panama canal zone assembled in Faneuil hall today at the opening of the biennial convention of the Brotherhood of Electrical Workers. The convention will continue two weeks. For the first time in the history of the Brotherhood, women were seated as delegates on the floor.

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## LEGAL

### NOTICE TO CONTRACTORS.

Sealed proposals for building sewers in Sewer District No. 119, being Hudson avenue from 22nd to 24th streets; and Lincoln avenue from 19th to 20th streets, under plans and specifications prepared by the City Engineer and approved by the Board of City Commissioners, will be received at the office of the City Engineer in the City Hall at Ogden City, Utah, until 10 o'clock a. m., on the 6th day of October, 1913, at which time all proposals received will be publicly opened and read aloud.

Plans and specifications can be obtained upon application at the office of the City Engineer after September 22, 1913. The right is reserved to reject any or all bids and to waive any defects. By order of the board of Commissioners.

H. J. CRAVEN,

First publication September 12, 1913. Last publication October 4, 1913.

### NOTICE OF INTENTION.

Notice is hereby given by the Board of Commissioners of Ogden City, Utah, of the intention of said Board to make the following described improvements, to-wit:

To create Ballantyne avenue from 20th to 21st streets for a distance of 759.9 lineal feet, as a sewer district, and to construct therein a pipe sewer together with the necessary manholes, and to connect all with the manholes of the present sewer system, and to defray the whole of the cost thereof, estimated at \$900.00 by a local assessment.

assessment on the lots or pieces of ground lying and being within the following district, being the district to be benefited or affected by said improvement, viz:

All the land lying between the outer boundary lines of said avenue and a line drawn 132 feet outward from and parallel to the said outer boundary lines. Said district to be assessed for the cost of putting in the sewer between 20th and 21st streets on Ballantyne avenue.

All protests and objections to the carrying out of such intention must be presented in writing to the City Recorder on or before the 2nd day of October, 1913, at 10 o'clock a. m., that being the time set by said Board of Commissioners when they will hear and consider such objections as may be made thereto, at the mayor's office at the city hall, Ogden City, Utah.

By order of the board of commissioners of Ogden City, Utah.

Dated this 9th day of September, 1913.

H. J. CRAVEN, City Engineer. First publication September 9, 1913. Last publication, October 1, 1913.

### NOTICE TO STOCKHOLDERS OF THE OREGON LUMBER COMPANY.

Notice is hereby given that a stockholders' meeting of the Oregon Lumber company will be held at the Company's office, No. 154 24th street, Ogden City, Utah, on the 29th day of September, 1913, at 11 o'clock a. m., for the purpose of voting upon the adoption or rejection of the following proposed amendments to the Articles of Incorporation, to-wit:

Amend Article IV of the Articles of Incorporation of this Company by striking out the same, and substituting in lieu thereof the following:

Article IV. The objects, pursuit, purpose and nature of the business of this Company is to conduct, pursue and carry on the business of owning and operating saw mills, planing mills, shingle mills, planing mills and all kinds of wood working machinery; to own, operate, sell and dispose of lumber yards; to buy, sell and manufacture lumber, lath, shingles, sash, doors, boxes, and all other products manufactured from lumber; to own, operate, manufacture, generate, store, transmit, buy, sell and distribute electric power, light, heat, light and power; and to erect, buy, sell, lease and otherwise acquire, operate and maintain electric light, heating and power plants; to purchase, own, acquire, encumber, sell and dispose of all kinds of real estate within or without the United States, either for the purpose of securing a supply of timber for the manufacture of lumber, or for the purpose of using such timber lands (when cleared) or other lands, for agricultural purposes of all kinds; to appropriate, acquire, own and use water of lakes and running streams for purposes of irrigation and supplying water for household and domestic consumption, watering livestock and for general irrigation purposes; to own, acquire, construct, operate and maintain irrigation systems or other water ways for the generation of electrical and other power, for general sale and distribution, and for the operation of its own mills, lighting, heating and power plants; and for the general distribution of water for sale and rental for irrigation, domestic and livestock purposes and for the purpose of irrigating lands belonging to this Company and other individuals or concerns; and to dispose of any part or parts of such irrigation and power systems and water rights in such manner as the Board of Directors may from time to time determine; to buy, sell, lease, distribute or otherwise dispose of water and water rights; to build transmission lines for light, heat, power, telephone or telegraph purposes and to acquire, own and sell franchises and rights-of-way for any of the purposes herein mentioned to own, buy, sell, encumber, or otherwise acquire or dispose of stock in other corporations with the right to exercise such stock ownership in the same manner as private individuals, and to have the right to conduct its business, in any or all of its branches, in any or all of the states of the United States, or without the United States."

Said meeting is also to consider and act upon any and all matters which may properly come before it. D. C. ECCLES, President. HENRY H. ROLAPP, Secretary. Ogden, Utah, August 19, 1913.

NOTICE OF INTENTION. Notice is hereby given by the Board of Commissioners of Ogden City, Utah, of the intention of said Board to make the following described improvements, to-wit:

To create Hudson avenue, north from 29th street as far as Hudson avenue is now opened through block 10, S. O. S., as a sewer district, and to construct therein a pipe sewer together with the necessary manholes, and connect all with the manholes of the present sewer system, and to defray the whole of the cost thereof, estimated at \$700 by a local assessment on the lots or pieces of ground lying and being within the following district, being the district to be benefited or affected by said improvements, viz:

All the land lying between the outer boundary lines of said avenue and a line drawn 132 feet outward from and parallel to the said outer boundary lines. Said district to be assessed for the cost of putting in the sewer between 28th and 29th streets, also for securing the right of way for said sewer, from the north end of said Hudson avenue to 28th street.

All protests and objections to the carrying out of such intention must be presented in writing to the City Recorder on or before the 15th day of September, 1913, at 10 o'clock a. m., that being the time set by said Board of Commissioners when they will hear and consider such objections as may be made thereto, at the mayor's office at the City Hall, Ogden City, Utah.

By order of the Board of Commissioners of Ogden City, Utah.

Dated this 26th day of August, 1913.

H. J. CRAVEN, City Engineer. First day of publication August 26, 1913. Last day of publication September 17, 1913.

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